12th European Expert Meeting on Self-Help Support

Florence, 19 to 22 June 2013

Self-help and institutions:
projects and experiences among different country

Programme of the Meeting
**Wednesday 19\(^{th}\) June**

h 14.00   Welcome

h 15.00   Meeting with local institution
Moderating: Prof. Patrizia Meringolo, University of Florence

h 16.00   Gavino Maciocco, Lecturer Department of Public Health, University of Florence
“Self-help and institutions: people-centered care”

h 17.00   Discussion

h 18.00   Conclusion

h 20.00   Dinner

**Thursday 20\(^{th}\) June**

h 9.00 - 13.00   Effectiveness and efficiency of self help groups

Swiss - Carmen Rahm: “WHY IS IT WORTHWILE TO INVEST IN SELF-HELP”

Netherlands - Patricia Van Lierop: “HOLLAND. MORE THAN JUST WOODEN SHOES AN EXAMPLE OF SELF-EXPERIENCE”

Finland - Helena PalovJarvi: “EFFECTIVENESS AND EFFICIENCY OF NOVAT - SEIF HELP GROUPS”

Coffee Break

Belgium - Peter Gielen: “EFFECTIVENESS AND EFFICIENCY OF SEIF HELP GROUPS”

Italy - Fausto Petrini: “SELF-HELP AND MENTAL HEALTH IN TUSCANY: CONNECTIONS WITH SERVICES AND DIFFERENT MEANINGS OF EFFECTIVENESS”

Norway - Hilde Nøkleberg: “RESEARCH ON SELF HELP WORK IN NORWAY”

Greece - Sotiris Lainas: “ENHANCING 12 STEPS SELF-HELP GROUPS: IMPLICATIONS FOR ADEQUATE PSYCHOSOCIAL INTERVENTIONS AND THE ROLE OF HEALTH PRACTITIONERS”

h 13.00 - 14.00   Lunch

h 14.00 - 15.00   Visit in Florence: “Brancacci Chapel”
Self help and new disease: which possibility of developing?

Netherlands - Kess Van Rest: “HOLLAND. MORE THAN JUST WOODEN SHOES. HOW SMOOTH A NEW GROUP CAN BE FOUND”

England - Lara Marano: “SELF HELP GROUPS AROUND THE FRINGES OF LONG TERM HEALTH CONDITIONS”

Greece - Alexandros Georgiou: “BEYOND SELF-HELP: SOCIAL-POLITICAL-ECONOMIS CRISIS AND SOLIDARITY”

Social-political-economic crisis and self-help: the effects and consequences

Austria - Gamsjäger Renate: “FRAMEWORK AND STRUCTURS FOR SELP – HEPL IN TIME OF CRISIS. A REPORT EN THE CURRANT DEVELOPMENT IN AUSTRIE”


Dinner

Friday 21 June

What is new in your country?

Swiss - Carmen Rahm: “NEW NAME AND SELF- HELP BY INTERNET“

Netherlands - Wim Venhius: “HOLLAND. MORE THAN JUST WOODEN SHOES. PROUDLY PRESENTING NEW WAYS OF PEERCONTACT”

Finland - Irja Mikkonen: “PEER SUPPORT AND PROFESSIONAL WORK”

Germany - Jürgen Matzat: “SELF – HELP MEETS EVIDENCE BASED MEDICINE. ON SELF-HELPERS’ INVOLVEMENT IN CLINICAL GUIDELINES”

Israel - Anat Moshe : “NEWS IN ISRAEL”

Coffee Break

Norway - Godager Eli Vogt: “NEW EXPERIENCES ON SELF HELP WORK IN NORWAY”

Italy - Irene Gibitz: "YOUNG SELF HELP IN SOUTHTIROL PRESENTATION OF THE PROJECT"
England - Lara Marano: “DEVELOPING INDEPENDENT SELF HELP GROUPS FOR PEOPLE IN RECOVERY FROM DRUG AND ALCOHOL ADDICTION”

h 13.00 - 14.00 Lunch

h 14.00 Visiting Pisa

Visiting “Alba Self Help Association” in PISA

Social Dinner in Alba Restaurant

Saturday 22nd June

h 9.00 – 10.30 Final Conclusion and future perspective

h 10.30 - 11.30 Decision for the next meeting

Meeting address:
Foresteria Valdese Istituto Gould
via dè Serragli, n.49 - Firenze
Tel +39 055 212576
Fax +39 055 280274

Where we are:

By Florence Airport A. Vespucci
Bus every 30 minutes, stop “Gallery Station” in Central Station S. M. Novella
Taxi Service (Tel. 055.4242 / 055.4390 / 055.4499)

By Central Train Station S. M. Novella
Bus n.11 (direzione DUE STRADE) n.36 (direzione CASCINE DEL RICCIO - LE GORE), n.37 (direzione TAVARNUZZE) - second stop after the bridge (FERMATA SERRAGLI)

On foot (20 minutes)